



第十九届“阳光之星”  
青少年英语口语应用能力展示活动  
The 19th Sun-star Youth English Speaking Aptitude Achievement Show

广东省决选

活动指南  
(高中组)



扫码查询决选结果

青少年英语口语应用能力展示活动  
广东省组委会  
[www.dream-gz.com](http://www.dream-gz.com)

# 省决选活动细则

## 一、广东省决选时间及地点的安排：（现场舞台展示）

决选时间：2025年5月24日

决选地点：广州长隆国际会议中心

备注：考生的具体时段信息请届时查询准考证。

## 二、活动分组：

学前组（4-6岁学龄前儿童）

小学A组（小学1-3年级）

小学B组（小学4-6年级）

初中组（初中7-9年级）

高中组（高一、高二级）

## 三、比赛内容：

### 1、自选节目的展示（限时2.5分钟，分值50分）

选手自备节目表演，如讲故事、演讲、朗诵、英文歌曲、电影配音等（任选其一），主题不限，选手表演所涉及的服装、头饰、道具自带，伴奏、PPT等须自备U盘。

### 2、现场问答（限时1分钟，分值20分）

由外籍评委对选手进行提问，每人限2个问题；

### 3、现场口语能力测试（1分钟内完成，分值30分）

高中组：根据所给内容即兴演讲，并发表个人观点和意见。

**备注：仅限个人或双人节目，不设3人及以上集体节目；**

## 四、奖项的设置：

选手按组别（年级）设置奖项，奖项分为：金奖、银奖、铜奖、优秀奖，奖项由广东省组委会颁发。

**金奖：**（15%）获得金奖证书、金牌等；

**银奖：**（20%）获得银奖证书、银牌等；

**铜奖：**（25%）获得铜奖证书、铜牌等；

**优秀奖：**（40%）获得优秀奖荣誉证书；

**优秀指导奖：**所有参加决选的选手，其指导教师（限1名）同时可获得优秀指导教师奖，颁发指导教师证书。

**优秀组织奖：**对组织工作优秀的学校、幼儿园、培训中心等团体颁发优秀组织单位奖牌匾。

1. 所有参加省决选选手都将获得由广东组委会颁发的荣誉证书；

2. 决选获奖证书、奖牌等将于**暑假前**统一颁发；

3. 省决选获**金银奖**选手将获得暑假举行的全国总决选参与资格；

# 各环节样题及拓展训练

## Part 1: 自选节目 (限时 2.5 分钟, 分值 50 分)

(不单独设自我介绍环节, 建议开头可串加 2~3 句话做简单自我介绍, 引出自备节目内容)



活动类别: 讲故事、主题演讲、诗朗诵、英文歌曲演唱、电影配音等任选其一, 不限主题。内容要积极向上, 表演自然, 落落大方, 自选节目部分必须要用英语来完成, 不允许出现中文, 且**必须脱稿完成**, 若选手照稿朗读或发现带稿现象有可能会被叫停或酌情减分。

### 开头的模板:

例 1: Good morning /Good afternoon, my name is...I'm happy to be here to take the contest. My topic today is...

例 2: Honorable Judges/Friends...  
.....I'm happy/honored to be here. Today, my topic is...

例 3: It is my honor/pleasure to be here. Today I would like to tell you something about(话题)

....., today I would like to share with you stories of (话题)

例 4: Good morning/Good afternoon, everyone! it's a great pleasure to stand here to share my own story with you.

例 5: honorable judges, ladies and gentlemen, good evening! I feel really honored to stand here and make a speech.

### 结尾的模板:

例 1: That's all I have to say.Thank you very much.

例 2: That's the end of my speech. Thank you very much .

例 3: Thanks for your listening.

以上模板仅供参考, 为避免雷同, 开头和结尾建议做适当任意组合, 核心句子要多做修改, 以追求最佳整体效果。

自选节目：（仅供参考，可根据组别适合的难度选材，鼓励原创，也可自行搜集素材）

## 英语演讲

### 1. something about me

Good morning ladies and gentlemen. My name is Jack. I graduated from No. 1 Middle School, which is one of the best middle school in my city. Its compus is very beautiful. My favorite subject is math because it's a complicated subject that drives a lot of students crazy. But I am a student who likes challenges and I can gain a great achievement when I can solve a math problem. Besides, I like various extracurricular activities, because they can bring me a colorful life. That's all about me. Thank you!

### 2. Cellphones

Many years ago, cellphone was not allowed to used for high school students. Teachers would take away students' cellphones once they saw it. But now the phone has been part of people's life and almost every student uses it.

It is just the popular communication tool. For many high school students, they are easy to be addticted to chat with their friends and not pay attention to the class. For me, I have controlled myself not to play it in the class, so I will turn off the phone and not to think about it. Some parents believe that using cellphone is not good for students, the fact is that students can learn a lot from the cellphone, they can search the Internet for more information, so as to get better solutions.

### 3. About interest

Everybody has his or her interest, and interests differ widely from persom to person becuae of age, sex, health and education. To some extent, interest also reflects one's ability or wish.

Interest plays an important part in our daily life. As a middle school student, interest is of great importance in study. If you want to

learn something well, you have to show interest in it, which is quite possible. Once you have found your way into the subject, you may have also found a world of curiosities.

#### 4. About travel

England is the best place I've ever been. Everything is so beautiful. I spent about one and a half days on the plane. When I arrived at Heathrow Airport in London, it was evening and the great trip was starting. There were many places I visited in London, like Big Ben, Westminster, the Tower of London.....Those are very famous. Most of the time in the afternoon, my parents and I sat and walked in the park. Have you seen "Notting Hill" before? the story in the movie happens in London.....

#### 5. Road Safty

Every year a lot of people are killed or injured in road accidents. How can we make the road safer? Remember the following traffic rules.

When you ride a bike, keep to the right side of the road. Don't cross the road or turn left at a traffic light. Give a hand signal if you want to turn or stop.

Before crossing the road, stop and look both ways, right and left. If the road is clear, it is safe to cross. The correct way to cross is to walk quickly, but not to run. If you run across the road, you may fall down.

If you see small children or old people waiting to cross the road, it will be very kind if you can offer your hand to help them.

Always obey the rules, you will find it much safer to walk or ride on the road.

#### 6. Tolerance

When I make mistakes, my parents will never be angry with me. I am so thankful to them for they are so tolerant with me.

I learn many things from my parents. They show me how to be a tolerant person, They will not blame me for the small mistakes that i make, instead,they will educate me in a gentle way. Unlike some parents who are strict to their kids, they will be very angry and will say something bad, which will make children feel sad. Being tolerant to other people's mistakes is the best way to solve the problem. People will appreciate the kind act and make things go on in an easy way.

### 7. About healthy life

What is a healthy diet? To most people, healthy diet means more green food and no junk food.

Green food is pollution-free, high quality and nutritious food, including the organic vegetables and meat, fruit, eggs and so on. The meals of healthy diet should be cooked with fewer salt and oil.

On the other hand, junk food is low in nutrition, high in calorie, such as fries, fried chickens, salted eggs and so on. These foods will cause one gain some weight and increase the risk of many diseases.

We should keep a healthy diet and abandon junk food to keep our body strong and healthy.

### 8. About being successful

Many people believe that a large income equals success. I believe, however, success is more than how much you make. Measures of success also include fame, respect and knowledge.

Becoming famous is one way to show one is success. So many scientists and researchers have made great contribution to our nation and they don't possess too much wealth. But they are awarded with fame and great honors and thus become nationwide well-known. No one could say they are not successful. I also believe that being respected by classmates indicates success. Without that respect, money means little. We just call people with big money and no respect "they are rich" and nothing more, while for those surrounded by

respect. We'd like to say, 'This guy is really marvelous. He made it in his life.'

In conclusion, we don't memorize people simply because they were rich. Overall, we remember people who were influential in politics or contributed to science or art. If history is the ultimate judge of success, then money surely isn't everything.

### 英文诗歌

1.

If You Think You Are

By Walter D. Wintle

If you think you are beaten, you are

If you think you dare not, you don't

If you think to win but you think you can't

It's almost certain you won't

If you think you'll lose, you've lost

For out of the world we find

Success begins with a person's will

It's all in the state of mind

If you think you're outclassed, you are

You've got to think height to rise

You've got to be sure of yourself

Before you can ever win a prize

Life's battles don't always go

To the stronger or faster man

But sooner or later the man who wins

Is the man who thinks he can!

2. Eternity of Youth—William Hazlitt

There is a feeling of Eternity in youth,

Which makes us amend for everything

To be young is to be as one of the Immortal Gods

One half of time indeed is flown

The other half remains in store for us with all its countless treasures  
For there is no line drawn  
And we see no limit to our hopes and wishes  
We make the coming age our own—the vast, the unbounded prospect  
lies before us

### 3.Saying Good-bye to Cambridge Again

Very quietly I take my leave  
As quietly as I came here;  
Quietly I wave good-bye  
To the rosy clouds in the western sky.  
The golden willows by the riverside  
Are young brides in the setting sun;  
Their reflections on the shimmering waves  
Always linger in the depth of my heart.  
The floating heart growing the sludge  
Sways leisurely under the water;  
In the gentle waves of Cambridge  
I would be a water plant!  
That pool under the shade of elm trees  
Holds not water but the rainbow from the sky;  
Shattered to pieces among the duck weeds  
Is the sediment of a rainbow-like dream?  
To seek a dream?  
Just to pole a boat upstream  
To where the green grass is more verdant  
Or to have the boat fully loaded with starlight  
And sing aloud in the splendor of starlight.  
But I can't sing aloud  
Quietness is my farewell music;  
Even summer insects heap silence for me  
Silent is Cambridge tonight!  
Very quietly I left

As quietly as I came here;  
Gently I flick my sleeves  
Not even a wisp of cloud will I bring away

#### 4.Stray Birds---- Tagore.

Stray birds of summer come to my window to sing and fly away.  
And yellow leaves of autumn, which have no songs, flutter and fall there with a sigh.

If you shed tears when you miss the sun, you also miss the stars.

Man is a born child, his power is the power of growth.

The trees come up to my window like the yearning voice of the dumb earth.

You smiled and talked to me of nothing and I felt that for this I had been waiting long.

The fish in the water is silent, the animal on the earth is noisy, the bird in the air is singing.

But Man has in him the silence of the sea, the noise of the earth and the music of the air.

The world rushes on over the strings of the lingering heart making the music of sadness.

We come nearest to the great when we are great in humility.

The mist, like love, plays upon the heart of the hills and brings out surprises of beauty.

Your voice, my friend, wanders in my heart, like the muffled sound of the sea among these listening pines.

What is this unseen flame of darkness whose sparks are the stars?

Let life be beautiful like summer flowers and death like autumn leaves.

The touch of the nameless days clings to my heart like mosses round the old tree.

#### 其他英文小诗参考:

The wind, The cuckoo,

The significance of failure, Follow your own course, Faith.

## 英文笑话

good news and bad news

The soldiers had been marching and fighting, they were dirty, hot and tired. One day, the general announced: "My men, I have some good news and some bad news for you. Which one would you like first?"

"The good news!" they all shouted.

"OK," said the General. "The good news is that you will each be receiving a complete change of clothing."

"Hurrah!" chorused the soldiers.

"And now for the bad news. Jack, you will change with John. John, you will change with Tom. Tom, you will change with Robert. Robert ...

## 英文配音 The Lion King 狮子王经典片段

Mufasa: Look, Simba. Everything the light touches is our kingdom.

Simba: Wow.

Mufasa: A king's time as ruler rises and falls like the sun. One day, Simba, the sun will set on my time here, and will rise with you as the new king.

Simba: And this will all be mine?

Mufasa: Everything.

Simba: Everything the light touches. What about that shadowy place?

Mufasa: That's beyond our borders. You must never go there, Simba.

Simba: But I thought a king can do whatever he wants.

Mufasa: Oh, there's more to being king than..getting your way all the time.

Simba: There's more?

Mufasa: Simba..

Mufasa: Everything you see exists together, in a delicate balance. As king, you need to understand that balance, and respect all the creatures—from the crawling ant to the leaping antelope.

Simba: But. Dad, don't we eat the antelope?

Mufasa: Yes, Simba, but let me explain. When we die our bodies.

Become the grass. And the antelope eats the grass. And so we are all connected in the great Circle of life.

**中国故事选材参考：**

1. The invention of china is a great contribution to world civilization.
2. Chinese Calligraphy is a kind of art. It is unique and world famous.
3. Chinese traditional dance is the treasure of Chinese Classical art palace.
4. Chinese opera is not only the treasure of the Chinese nation's excellent traditional culture, but also occupies an important position in the world's culture.
5. Chinese Medicine is a medical culture with a history of 5000 years. Let's welcome the introduction of traditional Chinese medicine !
6. It is 4,000 years since the Chinese began to grow and drink tea. Longjing Tea is famous all over the world. Let ' s learn about the tea art.
7. Beautiful sound makes us enjoyable. Ancient Chinese people made various musical instruments to explore the joy of sound. Such as pipa, guzheng.....
8. There is a great road. It promotes the economic development of China and the Western.

**英文歌曲参考：** London bridge, Far away from home, The day you went away, Hero, Season In the sun, Big big world, Superstar, My heart will go on. You raise me up; Rolling in the Deep; Cry on my Shoulders; Never say Never; Lemon Tree; Dream it Possible; I Believe I Can Fly; We are the World.

**评委：** Thank you. / Thank you very much.

**OK, now let's go on with Part II.**

## Part II 现场问答 (限时 1 分钟, 分值 20 分)

(评委题库抽取 2 个问题, 选手现场作答, 无准备时间。评委也有可能根据选手现场所表演的自备节目内容进行随机提问。)



- 1、要注意听考官的关键词。
- 2、实在没听清楚可要求考官重复问题, 如: Could you please say it again?或 Pardon?等
- 3、一时不知怎么回答可加入一些帮助自己增加思考时间的语言, 如: Well, let me think, It' s a good question... 一定不要冷场。
- 4、切忌突然出现中文!

因为是展示活动, 所以鼓励适当延伸, 但不建议洋洋洒洒, 因也会存在言多必失的风险。适当地引导评委问你准备过的问题。

**请注意: 双人节目只选派一名代表进行现场问答环节;**

### 问答技巧:

#### 个人信息题示例:

What do you do on weekends?

回答示例: I usually go to the park on Sundays with my family and we'd all have a good time there.

What do you do there?(复合型句)

Well, many things.(说这句话是给自己定个神) We would go boat-rolling, and we'd play badminton.

Are you good at playing badminton?

Not really (谦虚地笑;) ,but I'm practicing to be better(考官最欣赏这种精神了)

Do you finish your homework on time?

Yes,but sometimes, I don't have enough time(回答多一句, 引得考官多问一句, 如果自己准备好答案, 就会把危机变成展现的机会了, 引导

考官朝着自己有准备过的方向提问)

Why?

Because sometimes, I want to play with my friends, and time flies very fast.

Do you think your homework is too much?

I don't know,maybe. My mom says it's too much(不知为不知，同时展现高超的对话技巧)

How much time do you spend in your electronic devices every week?

Well, Around 4 hours I suppose.

What do you usually do with it?

I like to play games and browse some websites for the latest information. Also chatting with my friends is one of my favorites.

### 生活常识题回答示例:

Is watching TV good? 讲理由，讲后果

No,it's not good for my eyes. But sometimes. I think I can learn something from TV .

(引导考官来思考你为啥会有这样的想法)

What can you learn?

Stories, news and something about foreign countries.

(引导考官想知道你说的到底是否是真实的，有几分真实)

What have you learned about the foreign countries from TV?

Well,many things(定个神), I know Canada is the neighbor of America. And I know it can be very cold in Russia.

知识型题目回答示例;(不怎么有发挥余地的题型，但是一旦遇到，要适当发挥，能做到准确为第一步)

What kind of animals can be found in Africa?

Elephant, and I think chimpanzee too. (差不多得了)

What kind of fruit taste sweet and juicy?

There are many, such as oranges, strawberries. Of course I like strawberries the best. (不要再把自己往 They are tasty and good for

my body. 免得评委认为你絮叨)

综合题 (开放式) 回答示例:

Tell us something about your family?(好像可以变成 20 秒到 30 秒左右的演讲)

What's your dream? (所以演讲模板仔细阅读对开放式问题的回答是有启发的哦)

高中组题例:

1. Can you tell me some traditional festivals in China?

A: Spring Festival, Lantern Festival, Tomb-sweeping Day, Dragon Boat Day, Double-seventh Day, Mid-autumn Festival.

2. What does NBA stands for?

A: National Basketball Association.

3. Did you go to cinema to see a film? Do you ever meet some noisy guys? What will you do if you meet them?

A: Yes. I have met some noisy guys in the cinema. I think I will tell them that it is public place and advise them not to make noises any more in a polite manner.

4. If you are given a chance to visit a foreign country for ten days, which country would you like to visit? Why?

A: I like to visit USA, because USA has the best science and technology in the world and owns the best universities. I think I can learn a lot if I have a chance to visit USA.

5. How do you understand the proverb "A life without a friend is a life without sun"?

A: In my eyes, friendship can be considered as a special thing. It will effect everybody's life. Friends will help to wipe my eyes when cry. They can listen to me when I want to speak.

6. How do you prefer to communicate with your classmates, by talking on the phone, going online or face-to-face? Why?

A: I prefer to communicate with them face-to-face, I like field

activities very much, such as playing basketball, traveling and going shopping and have a get-together. They all need face-to-face communication.

7.What do you think is more important for a child, a happy childhood or high marks at school? Why?

A:I think happiness is more important for a child, childhood refers to happiness and play in my dictionary, childhood without happiness is regretful. What's more, a happy childhood is beneficial to the development of good character. There is a famous western saying goes that all work and no play makes Jack a dull boy.

8.Do you think historic building should be destroyed to make room for city development?

A:No, I don't think the historic buildings should be all destroyed. Historic building is the soul of a city, it witnesses the vicissitudes of a city, carries the affection the people of all times. Whenever I see them, I have a sense of solemnness and proudness in my heart.

9.Someone says that the your generation is self-centered and rebellious. Do you agree? Why?

A:I don't think so. Though some of them is too self-centered, at the same time, young people desire to learn more about the world around us, and they are independent in thinking, they are creative and always keep up with modern science and technology and have many new ideas about things.

10.Do you think which is better for a middle school student, living in dormitory or living at home? Why?

A:I think it is better to live in dormitory for me. First, I can have more time communicating with my classmates, sharing my life together with them . Second, it can foster the ability of independence, for example, I must wash my clothes and take care of myself.

11.What are you going to be when you grow up, why?

A: There are many jobs in the world. I want to be a teacher when I grow up. I think being a teacher is a very good job. I can teach students knowledge. Besides, I can always feel young when I am with my students no matter how old I am. I can tell the students right from wrong.

12. What do you think of studying English? Interesting or boring? Difficult or easy? Give reasons.

A: English is not our mother language and in our daily life, it's not really necessary for us to use English in China. This, to some extent, makes it difficult for us to learn English. However, as it is very important for us, and if you find the right way to learn. In my opinion, it is not very challenging and we all can learn it well.

13. What do you think of fast food?

A: The advantages of fast food are ----- first, they can be delivered in a short time. If you are in a hurry, they surely can be very convenient.

However, fast food can be very high in fats. They are not very healthy. You can enjoy fast food once in a while, but I am afraid that they won't be healthy if you often take them.

14. What type of music do you like best? Why?

A: There are many kinds of music such as country music, R&B, rock music, classical music and so on. My favorite music is pop music. On one hand, it is easy to learn, and this kind of music is often about our life, for example, a whole new world, Memory, Country Road and so on. On the other hand, they are very popular among people and they are very interesting and easy to learn. It is also a good way to learn English.

15. What is the most memorable thing in your life? Give reasons.

A: Among all the unforgettable experiences in my life when I' am looking back on those beautiful old days with fulfillment, there's one

thing that I' am proud of most. Whenever thinking of it, I would find myself happier and more confident than ever.

(以上仅为样题, 非所有题库内容, 答案仅供参考, 现场问答环节由外教评委完成, 建议备赛时除需掌握以上题例外, 可做适当引导或延伸)

**评委:** Thank you. / Thank you very much.  
OK, now let' s go on with Part III.

**Part III** 根据所给内容即兴演讲, 并发表个人观点和意见。  
(1分钟内完成, 分值30分)

(备注: 现场演讲命题出现后, 选手的准备时间和演讲时间共限时不超过1分钟)

**注意:** 双人节目选派一名代表完成本环节测试; 可与Part II不同选手题例:

### 1. My favourite festival

My favourite festival is Spring Festival. It's in January or February. People in China celebrate it, and there are many things to do. We often celebrate Spring Festival by having a big dinner, visiting relatives and friends, getting some red packets and letting off fireworks. We often have a big dinner from the first day of Spring Festival to the last day. We often go to our relatives' home and have a big dinner together, and also we have a big dinner at home. We often have a good talk and are very happy.

After dinner, we watch the TV programs of CCTV. At midnight, we always let off fireworks. It's very exciting and interesting! At Spring Festival, we always visit our relatives and friends too. We go shopping with them, and children are very excited to visit their relatives because they can get some red packets from their relatives. There is some money in it and children can use it to buy toys, books or some snacks. Spring Festival is very interesting, isn't it?

## **2. My favorite sport**

It is known to us all that doing exercises can bring us a lot of benefits. As for me, I like swimming and running best.

Among all the sports, running is one of my favorites. Running is widely considered to be one of the most efficient ways to lose weight and stay healthy, but it is not so good if you run on an empty stomach. If you run on an empty stomach, your body is forced to use the energy that is not available at that time. Secondly, it is a good way to help calm people down when they are not themselves. So when you get stuck with your work, just run, and you are sure to feel better after it.

## **3. My favourite TV program**

I like the program Animal World. First of all, I like animals, especially small animals. Secondly, the host is able to make the program lively and interesting. Thirdly, through this program I know a lot of things that I haven't known before. I gain some knowledge about animal life, such as different lives of various kinds of animals, the relationship between people and nature, people and animal, and the importance of animal protection.

I want to say that animals are part of nature as we are. They cannot be separated from the humans. We must keep nature in balance. Please give your love to animals. Stop killing them.

## **4. Is oral English test important?**

The oral English test is both important and necessary, for we can get a lot of benefits from it. The first, the oral English test can encourage teachers to improve their communication skills in English and make their classes more active. The second, it will help students to form the habit of reading English aloud and chatting with others in English. In addition, students will also realize that oral English is as important as reading and writing. Most important of all, English is regarded as a global language now. Through English, we can communicate with people from other countries better. Therefore,

more attention should be paid to teaching and learning oral English.

### **5.First time in front of platform**

I still remember the first time to stand in front of the platform, it was two years ago, I was arranged by my headmaster to get my internship, I would go to the countryside to be a teacher. When I arrived at the school, at first, I did not get used to the environment, but after a week, I got used to it. I was asked to teach the students English, I felt so nervous that night, I worried the students wouldn't listen to me. In the morning, I had to start my class, my feet seemed to hard to move on. When I went to the platform, all the students looked at me, I was so nervous, then I introduced myself, as I went further in the class, I found myself feel at much more ease, the students cooperate with me, I felt more and more confident. I learned so much from my first time to stand in front of the platform.

### **6.Good manner**

Good manner is necessary because one is judged by his manners. One's manner not only shows what kind of education he has received and what his social position is, but it also tends to show what his nature is.

A person with good manners is always thinking of others and respect others. He will not push through a crowd, but wait quietly for his turn to advance. Good manners are not the exceptionally great deeds but they can tell that the person who possesses them is a man of highest standards.

To learn good manners, one must first of all bear in mind that they arise from one's daily behaviour—the way he responds to others and the manner he behaves in front of people.

### **7.The advantages and disadvantages of city life**

Living in a city has both advantages and disadvantages. it is often easier to find work. there are always many choices of public transport.

Besides, there are a lot of interesting things to do and places to see. you can eat at good restaurants, visit museums, go to cinemas and go to parks whenever you want to relax. However, living in a city is often very expensive. You must find a well-paid job, otherwise, you will not be able to afford the things you will do. What's more, the city is always crowded, noisy and dirty. it is very difficult to find a good place where people can enjoy peace and fresh air as in the countryside.

## **8. Wealth and happiness**

Everybody wants to get wealth. In today's material world, making money or becoming wealthy symbolizes a person's success and capability. Many people just make every effort, pay any price to attain greater wealth. With money, they can buy nice, large houses; with money, they can own stately luxury cars. Wealth seems with money, they can own stately luxury cars. Wealth seems to bring all happiness in life.

In my opinion, people cannot do anything without money, but money is not everything. What money will bring you depends on your personal belief and goal in life. If you are kind enough to help others, especially the poor, money is a good thing to you. With it, you can do much more for the benefit of people and your country, and it will benefit to your own happiness. If you want money just for your own needs, you'll never be satisfied or happy. In a word, you should have money spent for more people, only then can money be the source of your happiness.

## **9. The importance of self-confidence**

Currently, self-confidence has become the order of our life, which improves the theory that nothing is more valuable than self-confidence. It is obvious that self-confidence means trust in one's ability. If we are full of self-confidence, we'll have creative power to live and work, to help our success or dreams come true. On the contrary, if we have no confidence in ourselves, there will be little

possibilities for us to win. We'll always face failure.

What's more, no one can deny another fact that self-confidence gives us light when we walk in the dark and courage when we face stumbling blocks. With self-confidence, we can achieve goals in our life.

## 10. My childhood

I was born in a small county which is poor. Therefore, there were no beautiful clothes or many toys. Before I went to school at six, I only played with my peers nearby. It was such a wonderful period that I would never forget. We always made our toys independently, which cost no money at all. Sometimes, parents would help making toys as well. We could play from morning to night until parents told us to go home for dinner. However, as a rural child, I must help my parents doing farm work in the busy season, such as planting and harvesting. Besides, my mother is a teacher. Therefore, she began to teach me to read and count when I was three, so I had to spend some time on study. Now, remembering it, I feel much happy rather than upset.



### 温馨提醒:

口语能力测试环节非常考验学生平时的课外积累和英语功底，不仅要求考生要具备一定的语言组织能力，口语交际能力，临场应变能力，还会参照考核考生所掌握的词汇量，语法运用知识等，另外演讲内容的立意新颖及个人观点也常常是考官评分的重要依据。

## 评分细则

The maximum score is 100, the average is taken from judges.

### Part I 自备节目展示——50分

按**表演内容、语言表达、表演技巧、仪表形象、综合印象**等部分进行评分。

**表演内容**：20分。内容充实生动、积极向上，主题鲜明突出，寓意深刻，富有感召力，且时间把握准确到位。

**语言表达**：15分。语言规范，口齿清楚，发音标准，语调自然，抑扬顿挫，富于变化，脱稿表演，口语自然流畅。

**表演技巧**：5分。表达生动，体态语言和表演技巧运用贴切，善于运用面部表情，手势姿势，眼神接触与身体语言得当。

**仪表形象**：5分。衣着整洁得体，仪表大方端正。如有自备道具、服装等可增分。

**综合印象**：5分。由评委根据演讲选手的临场表现做出整体评价。如上下台致意，答谢。着装端庄大方，举止自然得体，自信情绪饱满，有感情及气势，能吸引观众，有较强的艺术感染力，观众反映良好。

### Part II 现场问答——20分（2个问题，每个问题10分）从以下方面考核

**内容**：对问题理解透彻，能够熟练、流利、完整地回答问题，且语法正确，词汇丰富。

**语言**：用语准确，语言流畅，语速恰当、声音洪亮，表达自然流畅，无明显中断。

**时间把控**：规定时间内完成，无冷场、卡壳现象，时间合理且恰当。

#### A档 10—8分：

语法正确，词汇丰富，语音语调标准，熟练、流利地表达，对不同语境有较强反应能力，有较强的英语交流能力和一定的语言功底。

#### B档 8—5分：

偶遇个别发音错误或用词不当，语法与词汇基本正确，语音语调尚可，对不同语境有一定的适应能力，有一定的英语交流能力。

#### C档 5分以下：

语法与词汇有较多错误，停顿较多，交际有困难，整体语言表达一般，应变能力较差，不能适应语境的变化，或不能理解题目要求，没有完成答题指令，仅说出个别简单词汇，无完整句子出现。

### Part III 应用能力考核——30分

演讲内容需紧扣主题，结构完整，层次清晰，详略得当，层次分明，引人入胜。语音标准，抑扬顿挫，富于变化，有熟练的演讲技巧。

#### A档 30-20分：

观点鲜明，角度新颖、得当，材料典型、充分，内容具有较强的感染力、思想性，逻辑性。表达流畅，吐字清晰，发音准确，善于运用面部表情，手势，目光接触与身体语言运用得当。

#### B档 19-10分：

发音准确，吐字清晰，表达基本流畅，内容切合主题，但思想性较弱，逻辑性不强，缺乏表现深度与力度。感染力欠佳或有用语不当及语法错误现象。

#### C档 9分以下：

整体演讲内容空洞，缺乏条理，有多处用语不当或有语法错误现象。

考评范围	评比标准
<ul style="list-style-type: none"><li>• 内 容 20%</li><li>• 语音语调 20%</li><li>• 流 畅 性 20%</li><li>• 词汇语法 20%</li><li>• 交流能力 20%</li></ul>	<ul style="list-style-type: none"><li>• 内容充实、结构清晰、完整有新意</li><li>• 发音准确、清楚、表达自然</li><li>• 语言流畅、语速适中</li><li>• 用词恰当、无重大语法错误</li><li>• 反映敏捷、能够快速回答评委问题</li></ul>
Criteria	<ul style="list-style-type: none"><li>• Relevance,clarity,integrity,originality</li><li>• Correctness,clarity,natural expression</li><li>• Fluent expression,appropriate speed</li><li>• Choice of words and phrases, grammatical accuracy</li><li>• quickresponse,precision, appropriateness</li></ul>
<ul style="list-style-type: none"><li>• Content selection 20%</li><li>• Pronunciation &amp; Intonation 20%</li><li>• Fluency 20%</li><li>• Vocabulary &amp; grammar 20%</li><li>• Communications skills 20%</li></ul>	

### 往届照片





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