



**第二十届“阳光之星”
青少年英语口语应用能力展示活动**

The 20th Sun-star Youth English Speaking Aptitude Achievement Show

广东省决选

**活动指南
(小学B组)**



阳光之星青少年英语口语应用能力展示活动广东省组委会
www.dream-gz.com

省决选活动细则

一、广东省决选时间及地点的安排：（现场舞台展示）

决选时间：2026 年 5 月 23 日

决选地点：广州长隆国际会议中心

备 注：考生的具体时段信息请届时查询准考证。

二、活动分组：

学 前 组（4-6 岁学龄前儿童）

小学 A 组（小学 1-3 年级）

小学 B 组（小学 4-6 年级）

初 中 组（初中 7-9 年级）

高 中 组（高一、高二级）

三、环节内容：

Part I、自备节目展示+互动问答（限时 2.5 分钟，分值 60 分）

1、自备节目（分值 40 分）

选手自备节目表演，主题/形式不限，时间不超过 2 分钟，包括但不限于英文故事/演讲，诗朗诵，电影配音，英文歌曲等，选手表演所涉及的服装/头饰/道具自带，PPT 等自备 U 盘。

2、互动问答（分值 20 分）

选手展示结束后，评委与选手进行互动回答，提问可能结合自备节目展示内容，或随机提问，选手现场即兴回答，无准备时间，以考核选手的语言应用及交流沟通能力，每人限 2 个问题，每个问题 10 分；

Part II、应用能力考核+单词拼读（分值 40 分）

小学 B 组：描述图片+单词拼读

1、图片描述（限时 1 分钟，分值 20 分）

选手对所抽图片进行完整描述，可以展开联想，要求语句情节连贯，符合逻辑，结构完整，至少 4 句话，且不少于 30 词。

2、单词拼读（限时 15 秒/单词，分值 20 分）

拼读现场所听到的单词，单词一般结合图片内容，每人限定 2 个单词，每个单词 10 分。

活动环节设置全面覆盖个人“听、说、读、演”四大能力，以展促学，全方位考核及锻造语言综合素养水平。

备注：仅限个人或双人节目，不设3人及以上集体节目；

四、奖项的设置：

选手按组别（年级）设置奖项，奖项分为：金奖、银奖、铜奖、优秀奖，奖项由广东省组委会颁发。

金奖：（15%）获得金奖证书、金牌等；

银奖：（20%）获得银奖证书、银牌等；

铜奖：（25%）获得铜奖证书、铜牌等；

优秀奖：（40%）获得优秀奖荣誉证书；

优秀指导奖：所有参加省决选的选手，其指导教师（限1名）同时可获得优秀指导教师奖，颁发指导教师证书。

优秀组织奖：对组织工作优秀的学校、幼儿园、培训中心等团体颁发优秀组织单位奖牌匾。

1. 所有参加省决选选手都将获得由广东组委会颁发的荣誉证书；

2. 省决选获奖证书、奖牌等将于**暑假前**统一颁发；

3. 省决选中优秀选手将获得暑假期间在北京举行的全国总决选参与资格；

各环节样题及拓展训练

Part I： 1、自备节目（限时2分钟，分值40分）

（不单独设自我介绍环节，但建议在开头串加几句话做简单自我介绍，引出自备节目内容）

开头模板：

例1： Good morning /Good afternoon, my name is...I’ m happy to be here to take the contest. My topic today is...

例2： Honorable Judges/Friends...

……I’ m happy/honored to be here. Today, my topic is...

例3： It is my honor/pleasure to be here. Today I would like to tell you something about(话题)

……., today I would like to share with you stories of (话题)

例 4: Good morning/Good afternoon, everyone! It's a great pleasure to stand here to share my own story with you.

例 5: Honorable judges, ladies and gentlemen, good afternoon! I feel really honored to stand here and give a speech.

例 6: Good morning ladies and gentlemen. My name is....I'm honored to take this contest. I would like to tell you something about me. I'm 4 years.I like pink and I like rabbits. They are so cute....

结尾模板:

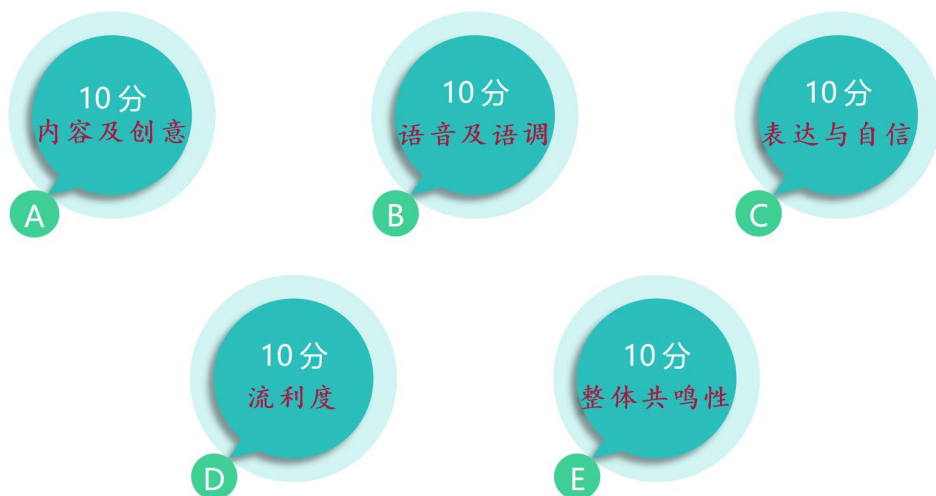
例 1: That' s all I have to say. Thank you very much.

例 2: That' s the end of my speech. Thank you very much.

例 3: Thanks for your listening.

以上模板仅供参考，为避免雷同，开头和结尾建议做适当任意组合，核心句子要多做修改，以追求最佳整体效果。

自备节目评分标准



A: 【Content&Innovation】内容及创意

① Storytelling 讲故事能力

内容逻辑结构需流畅合理，如果讲故事，应该有一个清晰的开头、中间和结尾，情节合乎逻辑，并保持情节的完整性。

② Uniqueness 独特性

独特性可以来自独特的才能、才艺的新颖组合或出人意料的转折。

③ Creativity 创造力

创造力可以在服装设计、歌曲选择，演讲内容和呈现方式中体现。

B: 【Pronunciation&Intonation】语音及语调

① Phoneme Accuracy 音素准确性

注意每个音素/单词的发音，保证发音正确和清晰，如元音/辅音/尾音等

② Sentence Rhythm 句子节奏

语速适中，语速快不代表流利，如有长句要适当停顿，并且还要有具技巧性的停顿和抑扬。

③ Stress/Intonation/Linking 重音/语调/连读

注意语调的练习，如连读，重读/弱读，升调/降调等。

C: 【Expression&Confidence】表达与自信

① Clarity of Expression 表达清晰

清晰而有逻辑地演绎才艺内容，句子和段落结构良好，连接紧密，另外自然的语言表达，能给观众带来美好的第一印象。

② Eye Contact 眼神交流

要有眼神交流，与台下评委观众等保持互动。

③ Body Language 肢体语言

保持开放和放松的肢体语言，有目的地移动身体去表达自己。

D: 【Fluency】流利度

① Fluent Delivery 流利的表达

保持稳定而自然的节奏，避免语速过快，含糊不清，避免过多的停顿或犹豫，提高整体的流利度。

② Engagement 吸引力

利用流利度来吸引并保持听众的注意力。

E: 【Resonance】整体共鸣性

① Audience Engagement 观众参与度

富有感染力的演绎，能够吸引并让观众感到惊喜、保持娱乐性和好奇心。

② Conveying Emotions 传递情感

为内容或见解增添深度和情感共鸣，与听众之间建立起有效沟通，传递情感，促进交流。



自备节目：主题及形式不限，只要能展现英语才艺能力，如讲故事、主题演讲、诗朗诵、英文歌曲演唱、电影配音等，不限主题。内容要积极向上，表演自然，落落大方，自选节目部分必须要用英语来完成，不允许出现中文，且**必须脱稿完成**，否则会酌情减分。

自备节目素材推荐

（以下选材仅供选手参考，可根据所属组别选择相应适合的难度，建议自行搜集整合有创意并带有个人特色的素材，更加鼓励原创。）

【介绍中国类】- About China

（中国有 5000 多年的历史，世界奇迹灿若星河，此类素材最能体现文化自信）

中国历史

- The Great Wall of China 万里长城:

世界上长度最长的军事防御工程，始建于春秋战国，是中华民族的象征。

- Terra-Cotta Warriors: 秦兵马俑:

秦始皇陵是中国第一座规模宏大的帝王陵寝，兵马俑被誉为"世界第八大奇迹"。

- The Beijing-Hangzhou Grand Canal 京杭大运河:

世界最长的人工运河，全长约 1794 公里，至今仍在部分通航。

- The Palace Museum, Beijing 北京故宫:

世界上现存规模最大、保存最完整的古代木结构宫殿建筑群，代表中国古代建筑最高技艺。

- Potala Palace 布达拉宫:

世界上海拔最高、规模最大的藏式宫堡建筑群，世界文化遗产。

现代奇迹

- FAST 中国天眼 :

世界上最大、最灵敏的 500 米口径球面射电望远镜。

• The Hong Kong -Zhuhai- Macao Bridge 港珠澳大桥世界最长的跨海大桥之一，也是综合建造难度最高的超级工程。

• The Qinghai-Tibet Railway 青藏铁路世界上海拔最高、线路最长的高原铁路，有"天路"之称。

• The Three Gorges Project 三峡工程世界上规模最大的水利枢纽工程，水电站总装机容量世界第一。

【文化与传承类】 - Culture & Traditions

(讲好中国故事，传播中国文化与传统，永远是加分项)

我最喜欢的一个汉字 My Favorite Chinese Character

舌尖上的家乡 A Bite of My Hometown

我看“国潮” "China-Chic": My View on the Guochao Trend

爷爷的茶/奶奶的剪纸 Grandpa's Tea / Grandma's Paper-Cutting

穿越时空的汉服 Hanfu: A Journey Through Time

二十四节气之美 The Beauty of the 24 Solar Terms

为什么我们还在读古诗？ Why Do We Still Read Ancient Poems?

餐桌礼仪、地方年俗等浓厚的传统文化 Chinese Traditional Culture

地域饮食与生活习惯等 Local Diet and Lifestyle habits

【科技与未来类】Technology & the Future

（现代科技突飞猛进，这类与时俱进的话题更能吸引眼球）

刷脸支付 Facial Recognition Payment

机器人送餐 Robot food delivery

无人机摄影 Drone Photography

我们和 AI 做朋友 Making Friends with AI

人工智能会取代老师吗？ Will AI Replace Our Teachers?

科技让生活更美好吗？ Does Technology Really Make Life Better?

【中国传统节日类】Traditional Festivals

（足够经典，能体现跨文化交流能力）

春节 The Spring Festival

元宵节 The Lantern Festival

清明节 Tomb-Sweeping Day

端午节 The Dragon Boat Festival

七夕节 The Double Seventh Festival

中秋节 The Mid-Autumn Festival

重阳节 The Double Ninth Festival

【个人成长与情感类】 - Personal Growth & Emotions

（讲述真实故事，容易引起共鸣）

这就是我 — This Is Me

我的梦想 — My Dream

我的家庭 — My Family

我最喜欢的偶像/人物 — My Favorite Idol

我的校园生活 — My School Life

第一次站在舞台上 My First Time on Stage
一次失败经历 A Valuable Lesson I Learned from Failure
我的“超级英雄” The Superhero in My Life
一份特别的礼物 A Special Gift That Changed Me
我的榜样 The Person Who Lights Up My Way

【学习与阅读】Study & Reading

（爱学习的孩子人人都会喜欢，这是不变的真理）
我爱阅读 — I Love Reading
书是我们的好朋友 — Books Are Our Good Friends
如何学好英语 — How to Learn English Well
时间很重要 — Time Is Important
我的学习方法 — My Way of Learning

【爱好与运动】Hobbies & Sports

（积极向上，阳光生活，全面发展）
我的爱好 — My Hobby
运动使我快乐 — Sports Make Me Happy
我最爱的运动 — My Favorite Sport
音乐/美术/舞蹈带给我的快乐 — The Joy of Music/Art/Dance

【友谊与善良】Friendship & Kindness

（温暖、感人、容易拿情感分）
我最好的朋友 — My Best Friend
友谊是什么 — What Is Friendship
做一个善良的人 — Be a Kind Person
互相帮助 — Help Each Other
微笑的力量 — The Power of a Smile
学会感恩 — Learn to Be Thankful

【自然与环保】Nature & Environment

(这类主题虽然常见，但只要切入点新颖，依然可以出彩)

保护我们的地球 — Protect Our Earth

节约水资源 — Save Water

绿色生活 — Green Life

保护动物 — Protect Animals

美丽的大自然 — Beautiful Nature

塑料袋的旅行 The Journey of a Plastic Bag

给地球的一封信 A Letter to Mother Earth

【励志与梦想类】Dreams & Inspirations

(立意高、正能量)

相信自己 — Believe in Yourself

每天进步一点点 One Percent Better Every Day

走出舒适区 Stepping Out of My Comfort Zone

不要害怕犯错 Don't Be Afraid of Making Mistakes

永不放弃 The Magic of Never Giving Up

我的“白日梦” My Wildest Dream

让世界更美好 — Make the World Better

【社会观察与哲理类】Social Observations & Philosophy

(仅适合逻辑性强、有独立思考能力的高年段学生)

手机之外的世界 The World Beyond the Screen

谈谈“内卷” Stop Racing: My View on "Involution"

友谊的颜色 The Color of Friendship

礼貌的力量 The Power of "Please" and "Thank You"

看“网红”现象 Do I Want to Be an Internet Celebrity?

什么是真正的富有? What Does It Mean to Be Rich?

规则与自由 Rules and Freedom: Two Sides of a Coin

孤独与陪伴 Loneliness vs. Companionship

世界战争问题，如何让世界变得更加和平? World Peace

疾病治愈问题，怎样能帮助更多人拥有健康？ Keep Healthy

【想象类】- Imagination

如果地球没有水 If the Earth Ran Out of Water

未来的学校 What Will School Look Like in 100 Years?

假如我是校长 If I Were the Principal

如果我能发明一样东西 If I Could Invent Something

如果时间可以倒流 If I Could Turn Back Time

火星移民计划，你报名吗？ Mars or Earth: Where Do I Belong?

我的十年后 Me in Ten Years

【自由创意类】-Creative Freedom

不限方向，不限形式，选手可自由构思。

自备节目表现形式（包括但不限于以下类别）

英语演讲

1. My mother

Good morning, ladies and gentlemen. My name is.....I'm honored to take this contest. Today my topic is my mother. I consider my mother as the most beautiful lady in this world. Of course sometimes she gets angry with me, but I know she wants to teach me right from wrong(教我明辨是非). I would do so many things just to win her smile, I know she gives a lot to make sure that I have the best and I am happy. I could never thank her enough. She's waiting outside right now, and I know she's just as excited as I am. Thank you very much. That would be the end of my story.

2. My hobbies

My hobby is reading. I read story books, magazines, newspapers and any kind of books that are interesting for me. This hobby got started when I was a little boy. I had always wanted my parents to

read fairy tales and other stories to me. Soon they got fed up and tired of having to read to me all the time. So as soon as I could, I learned to read. Soon I could read simple fairy tales and other stories. Now I can read a lot more books. Reading enables me to learn about new things. I really enjoy reading.

3. About travel

England is the best place I've ever been to. Everything is so beautiful. I spent about one and a half days on the plane. When I arrived at Heathrow Airport in London, it was evening and the great trip was started. I visited many places in London, like Big Ben, Westminster, the Tower of London.....Those are very famous. Most of the time in the afternoon, my parents and I sat and walked in the park. It was a relaxing trip and I would like to visit England again if there is a chance.

4. My family

Hello,everyone!My name is Steven.I'm 10 years old.Today my topic is my family.I have a happy family.There are three members:my father, my mother and me.My parents love me very much.My mother is a Chinese teacher. She is very tall and thin. Her face looks small and her eyes are very beautiful. My mother is very warm and friendly to others , but she is very strict with me .My father is a professional accountant. He works hard every day. He likes playing football.....

5. My dream

Nice to meet you, here. My name is I am from Tai Ping town ,Hui Longsi primary school. I am in Grade Four. I am ten now.

Today I will talk about the "My dream"

Everyone has his dream, I also have a dream. My dream is to become a writer. When I was little, my mum always read for me and I like to listen to different stories. And I think it will be very cool if I can write my own stories and many people can read my stories. This is my dream and I really hope it can be realized.

6. I love English

English is now used everywhere in the world, it has become one of the most important language on internet. Learning English makes me confident and brings me great pleasure.

Every day, I read English following the player. Sometimes, I like watching English movies, such as Finding Nemo, Harry Potter and so on. These movies not only improved my English, but also gave me a lot of fun. Outlook English also helps me a lot in my English Studies, I have been watching this program for nearly two years.

I hope I can travel around the world someday. I want to go to different countries and make friends with different people. I want to enjoy different cultures.

I love English, it has become a part of my life. How about you, my friends? If you do, come with me. Let's enjoy the fun of learning English.

That's all, thank you.

英文故事 -1

Hello, my dear judges. I am Chen Xi. I study in Qingyuanfuxiao primary school. Now, I'll tell you a story. The name of the story is: Fox and the Grapes. One hot summer day, a fox was walking through an orchard. He stopped before a bunch of grapes. They were ripe and juicy. "I'm just feeling thirsty", he thought. So he backed up a few paces, got a running start, jumped up, but could not reach the grapes. He walked back. One, two, three, he jumped up again, but still, he missed the grapes. The fox tried again and a.....

英文故事 -2

Three Good Friends

One day, a monkey rides his bike near the river. This time he sees a lion under a tree. The lion runs at him. He is afraid and falls into the river. He can't swim. He shouts. The rabbit hears him. He jumps into

the river. The rabbit swims to the monkey, but he can't help him. Luckily, an elephant comes along. He is very strong. He helps the rabbit and monkey. Three friends are very happy. They go to the elephant's home. Then, three of them become good friends.

中国故事选材参考：

1. The invention of china is a great contribution to world civilization.
2. Chinese Calligraphy is a kind of art. It is unique and world famous.
3. Chinese traditional dance is the treasure of Chinese Classical art palace.
4. Chinese opera is not only the treasure of the Chinese nation's excellent traditional culture, but also occupies an important position in the world's culture.
5. Chinese Medicine is a medical culture with a history of 5000 years. Let's welcome the introduction of traditional Chinese medicine !
6. It is 4,000 years since the Chinese began to grow and drink tea. Longjing Tea is famous all over the world. Let ' s learn about the tea art.
7. Beautiful sound makes us enjoyable. Ancient Chinese people made various musical instruments to explore the joy of sound. Such as pipa, guzheng.....
8. There is a great road. It promotes the economic development of China and the Western.

其他英文故事

1. Brown Bear, Brown Bear, What Do You See?
2. The very Hungry Caterpillar.
3. Fat King Thin Dog.
4. Panda Kisses.
5. Five Little Monkeys.
6. The City Mouse and The County Mouse.
7. We're Going on a Bear Hunt.
8. Go Away Big Green Monster.
9. Guess How Much I Love You.

10. How Much do You Make an Hour Daddy ?

11. The Giving Tree.

诗歌朗诵

1. Silent Night Thoughts---- -Libai (Tang)

So bright a gleam on the foot of my bed.

Could there have been a frost already.

Lifting myself to look, I found that it was moonlight.

Sinking back again, I thought suddenly of home.

2. Grass----Juyi Bai

Grass on the plain spreads higher and higher.

Year after year it fades and grows.

It can be burned up by wind fire.

But revives when the spring wind blows.

3. Love You Everyday

I can love you for four days: spring, summer, autumn, winter.

May be three days: yesterday, today, tomorrow.

How about two days: day and night

One day is enough: everyday

4. A Grain of Sand

To see a world in a grain of sand,

And a heaven in a wild flower

Hold infinity in the palm of your hand,

And eternity in an hour.

5. Seasons

Spring is green with flowers and songs.

Summer is hot and the days are long.

Autumn is golden and farmers are busy.

Winter is white and the year is gone.

6.

If You Think You Are

By Walter D. Wintle

If you think you are beaten, you are

If you think you dare not, you don't

If you think to win but you think you can't

It's almost certain you won't

If you think you'll lose, you've lost

For out of the world we find

Success begins with a person's will

It's all in the state of mind

If you think you're outclassed, you are

You've got to think height to rise

You've got to be sure of yourself

Before you can ever win a prize

Life's battles don't always go

To the stronger or faster man

But sooner or later the man who wins

Is the man who thinks he can!

其它诗歌参考：

Never, Rain, Spring flowers bloom, What Does the Bee Do,

O sailor, Come Ashore, The wind, The cuckoo, Colours,

The significance of failure, Follow your own course, Faith.

英文笑话

good news and bad news

The soldiers had been marching and fighting, they were dirty, hot and tired. One day, the general announced: "My men, I have some good news and some bad news for you. Which one would you like first?"

"The good news!" they all shouted.

"OK," said the General. "The good news is that you will each be receiving a complete change of clothing."

"Hurrah!" chorused the soldiers.

"And now for the bad news. Jack, you will change with John. John, you will change with Tom. Tom, you will change with Robert. Robert

电影配音

The Lion King 狮子王经典片段

Mufasa: Look, Simba. Everything the light touches is our kingdom.

Simba: Wow.

Mufasa: A king's time as ruler rises and falls like the sun. One day, Simba, the sun will set on my time here, and will rise with you as the new king.

Simba: And this will all be mine?

Mufasa: Everything.

Simba: Everything the light touches. What about that shadowy place?

Mufasa: That's beyond our borders. You must never go there, Simba.

Simba: But I thought a king can do whatever he wants.

Mufasa: Oh, there's more to being king than..getting your way all the time.

Simba: There's more?

Mufasa: Simba..

Mufasa: Everything you see exists together, in a delicate balance. As king, you need to understand that balance, and respect all the creatures—from the crawling ant to the leaping antelope.

Simba: But. Dad, don't we eat the antelope?

Mufasa: Yes, Simba, but let me explain. When we die our bodies.

Become the grass. And the antelope eats the grass. And so we are all connected in the great Circle of life.

《寻梦环游记》经典片段

No !

Go home!

I promise I won't let Coco forget you.

There he is!

Miguel, stop!

Where have you been?

I need to see Mama Coco, please!
What are you doing with that.. guitar? Give it to me! Miguel, stop!
Mama Coco, can you hear me? It's Miguel. I saw your Papa. Remember?
papa? Please! If you forget him, he'll be gone, forever.
Miguel, open the door!
Here, this was his guitar, right? He used to play it to you? See, there he
is. Papa, remember? Papa?
Miguel!
Mama Coco, please, don't forget him

英文歌曲参考：

1. Twinkle, Twinkle, Little Star.
2. Head, Shoulders, Knees and Toes.
3. Apple Round Apple Red.
4. Five Little Ducks.
5. If You're Happy.
6. Rain, Rain, Go away.
7. Bingo.
8. Finger Family.
9. Baby Shark.
10. Wheels on the Bus.
11. Old Macdonald Had a Farm.
12. You're My Sunshine.
13. Five Little Monkeys.
14. Good Night Song.
15. Baa Baa Black Sheep.
16. You Raise Me Up.
17. Big Big World.
18. Proud of You.
19. Hickory Dickory Dock.
20. A little Love.
21. Lemon Tree.
22. Trouble is a Friend.
23. Do Re Mi.

24. Just for you -- Disneyland Children's song.
25. Edelweiss.
26. The Itsy Bitsy Spider.
27. Yankee Doodle.
28. The Hokey Pokey.
29. Here We Go Loopty-Loo.
30. A Bicycle Built For Two.
31. The Muffin Man.
32. Mary Had A Little Lamb.
33. The Ants Go Marching.
34. Brush Your Teeth.
35. Donkey Donkey I Beg You.
36. There Was An Old Lady
37. Barbie Girl
38. Auld Lang Syne
39. This Old Man
40. Poppy, the Little Brown Bear
41. Open Up Your Heart And Let the Sunshine In
42. Polly Wolly Doodle
43. Billy Boy
44. Pop Goes the Weasel
45. Just For You
46. Little Peter Rabbit
47. Scooby-Doo, Where Are You
48. Mary Ann Mccarty
49. Trouble is a friend
50. I Believe I Can Fly
51. Colors of the Wind
52. We Are the World
53. Run into the Sun
54. Let It Go
65. Half the World Away

其他歌曲参考：Happy new year, Merry Christmas, Happy birthday, Letters, Do Re Mi, Little bird, The Hockey Pockey, Edelweiss, Jingle

bells, Santa Claus is coming to Town, Silent Night, Eyes on me, London bridge, Far away from home, The day you went away, Hero, Season In the sun, Big big world, Superstar, My heart will go on.

英文小话剧参考: Nvwa Mends the Heavens, Little Red Riding Hood, Jack and Bean.

Part 1: 2、互动问答 (分值 20 分)

(选手展示结束后, 评委与选手进行互动回答, 提问可能结合自备节目展示内容, 也可能随机提问, 选手现场即兴回答评委提问, 无准备时间, 注意: 选手自备节目展示与互动问答总时间不超过 2.5 分钟)



- 1、要注意听考官的关键词。
- 2、实在没听清楚可要求考官重复问题, 如: Could you please say it again? 或 Pardon? 等
- 3、一时不知怎么回答可加入一些帮助自己增加思考时间的语言, 如: Well, let me think, It's a good question... 一定不要冷场。
- 4、以完整的句型回答评审提出的问题, 杜绝只是回答: yes/no, 就没有下文了。
- 5、切忌突然出现中文!

请注意: 双人节目只选派一名代表进行互动问答环节;

互动问答技巧:

个人信息题示例:

What do you do on weekends?

回答示例: I usually go to park on Sundays with my family and we'd all have a good time there.

What do you do there?(复合型句)

Well, many things.(说这句话是给自己定个神) We would go

boat-rolling, and we'd play badminton.

Are you good at playing badminton?

Not really (谦虚地笑;) ,but I'm practicing to be better(考官最欣赏这种精神了)

Do you finish your homework on time?

Yes,but sometimes, I don't have enough time(回答多一句, 引得考官多问一句, 如果自己准备好答案, 就会把危机变成展现的机会了, 引导考官朝着自己有准备过的方向提问)

Why?

Because sometimes, I want to play with my friends, and time flies very fast.

Do you think your homework is too much?

I don't know,maybe. My mom says it's too much(不知为不知, 同时展现高超的对话技巧)

How much time do you spend in watching TV every day?

1 hour, but my mom says it's too much.

Why (时间很紧, 你不引导考官, 就只能是考官丢给你有可能没准备过的题目了)

Well, she says it's not good for my eyes, and I need more time to rest and do my homework.What do you think?

I think she is right.(听妈妈的话才是好孩子)

生活常识题回答示例:

Is watching TV good? 讲理由, 讲后果

No,it's not good for my eyes. But sometimes. I think I can learn something from TV. (引导考官来思考你为啥会有这样的想法)

What can you learn?

Stories, news and something about foreign countries.

(引导考官想知道你说的到底有几分真实)

What have you learned about the foreign countries from TV?

Well,many things(定个神), I know Canada is the neighbor of America.

And I know it can be very cold in Russia.

知识型题目回答示例；（不怎么有发挥余地的题型，若遇到，要适当发挥，能做到准确为第一步）

What kind of animals can be found in Africa?

Elephant, and I think chimpanzee too.（差不多得了）

What kind of fruit taste sweet and juicy?

There are many, such as oranges, strawberries. Of course I like strawberries the best.（不要再把自己往 They are tasty and good for my body. 免得评委认为你絮叨）

综合题（开放式）回答示例：

Tell us something about your family?（好像可以变成 20 秒到 30 秒左右的演讲）

What's your dream?（所以演讲模板仔细阅读对开放式问题的回答是有启发的哦）

Primary School Group B 小学 B 组题例

1. Why did you choose this topic for your speech?

A: I chose this topic because...

2. How do you spend your holiday?

A: I usually spend my holidays reading, listening to music and playing tennis.

3. What do you eat for breakfast?

A: I like to eat eggs and sandwiches for breakfast.

4. Who works in a hospital?

A: Doctors and nurses work in a hospital.

5. How often do you go to play basketball?

A: I go to play basketball twice a week.

6. How many subjects do you have? What are they?

A: I have six subjects.

They are Chinese, math, English, PE, science and music.

7.If you want to see a doctor, where should you go?

A:I think I should go to a hospital.

8.Do you like music?

A:Yes, I do. I have been playing the violin since I was 5 years old and I am really good at it.

9.How often do you go shopping with your friends?

A:I go shopping with my friends once a week.

10.What do you enjoy doing with your family?

A:I enjoy having a picnic with my family on weekends.

11.What animals can swim?

A: Turtles, fish and crocodiles can swim.

12.How many good friends do you have? Who is your best friend?

A: I have many good friends. And xx is my best friend.

13.What do you like to eat for your lunch?

A:I like to have rice, fish and vegetables for lunch.

14.If you want to buy a loaf of bread, where should you go ?

A:I think I should go to a bakery.

15.What do you want to be in the future?

A: I want to be an English teacher in the future.

16.Which festival do you like best and why?

A: I like the Spring Festival best, because we don't need to go to school.

17.What do you usually do after school?

A: I usually do my homework first. After that I like playing soccer with my friends.

18.Where do you buy some snacks?

A: I buy some snacks with my mom in the supermarket.

19.What do you like to do at school?

A: I like to do sports with my friends at school.

20.Who works at a police station?

A:Police officers work at a police station.

21.What's your favorite subject and why?

A:My favorite subject is math. Because it's very interesting.

22.What do you do when you have free time?

A:I usually read books, sometimes I play badminton with my friends.

23.How long have you been learning English?

A:I've been learning English since 2016./since I was 6.

24. Do you like watching cartoon?Can you tell me the name of your favorite cartoon films?

A:Yes,I like watching cartoon. My favorite cartoon film is Boonie Bears.

25. What do you like to do in the evening?

A:I like to read books/play computer games... in the evening.

26.What do you want to be when you grow up?

A:I want to be a scientist when I grow up because I want to help people with better life.

27.Do you often help your mother do housework? Why?

A:Yes,I think I am a good boy when doing housework.

28.Which school are you in? Can you tell me something interesting in your school?

A:I am in NO.6 Middle School. I have many good friends in my school, we can play every day.

29.What holiday do you like best? Why?

A:I like Spring Festival best, because there are many tasty food in Spring festival.

30.Which one do you like better, Chinese food or Western food? Why?

A:I like Chinese food. Because it is tasty.

31.Do you know any famous sports player?

Can you tell me something about him/her?

A:Yes,I know Yaoming. He is very tall, he plays basketball very well.

32.How do you spend your birthday?

A:My parents always take me out for dinner and I will always have some cake to eat. I love eating cake.

33.What your favorite place? Why?

A:My favorite place is the ...(park/bookstore/playground).

Because I can...(ride my bike/ read a book/play games)in the ...

34.What's you favorite day? Why?

A: My favorite day is ...(Monday/Tuesday/Wednesday...)

Because I ..(draw/swim/draw/dance/play football...) on ...

35.Do you like living in your city? Why?

A: Yes, I do. Our city is very beautiful city. The streets are very clean and the people are nice.

36.What do you think is the most important thing for healthy life?

A: I think the most important thing for a healthy life is to be happy.

37.Which country do you like to go best? Why?

A: I like to go to the Canada. Because I know Canada is famous for its natural beauty.

38. How many months are there in a year?

A: There are twelve months in a year. They are January, February, March...

39.Who is your English teacher?

What do you think of your English teacher?

A: Miss Chen is my English teacher.

I think she/he is...(funny/kind/friendly)

40.Would you tell me something about your hometown?

A:Yes. My hometown is inIt's a beautiful place. There are so many plants and mountains .I love my hometown.

(以上仅为样题，非所有题库内容，答案示例仅供参考，非唯一，建议备赛时针对以上题例做适当拓展延伸，模拟现场训练语感，互动问答环节现场将由外教评委完成)

评委: Thank you. / Thank you very much.
OK, now let' s go on with Part II.

Part II 应用能力考核+单词拼读 (分值 40 分)

1、图片描述 (限时 1 分钟，分值 20 分)

选手需对所抽图片进行完整地描述，可以展开联想，要求语句连贯，结构完整，至少 4 句话，且不少于 30 词。

2、单词拼读 (限时 15 秒/单词，分值 20 分)

拼读现场所听到的单词，单词一般结合图片内容，每人限定 2 个单词，每个单词 10 分。

图片描述温馨提示

本环节不仅要求考生要具备一定的语言组织能力，口语表达能力，临场应变能力，也非常考验孩子平时的课外积累和英语功底，选手尽量对抽图片进行详细刻画与呈现，描述生动，情节丰富，内容饱满，同时注意一些细节方面；如单词单复数词，句中的语法运用等，避免扣分，建议备赛时也可自行找些图片适当模拟练习。

1、建议先用 5-10 秒时间去构思以及组织语言，有条理及逻辑地去梳理思路后再去展开描述，不要因急于回答而导致语序混乱，重点不清。

2、尽量注意不要频繁出现 Emm, Ahh, Er 等语气词，语气词过多或连词 and 用法不当，会影响整体效果。

3、尽量避免出现低级或者严重的语法错误或时态错误。

4、语速适中，声音洪亮，不要一味追求语速，彰显流利度而导致语音不清晰或错误。





单词拼读注意事项

1. 单词拼读倒计时时间为 15 秒，若选手无法在 15 秒内拼出该单词，考官将判定为错误并继续下一个单词。
If the participant cannot spell the word within 15 seconds, it will be deemed incorrect, and the judge will move on to the next word.
2. 选手在逐个字母拼出单词前，需先重复该单词再拼读。
例如：hobby. H-O-B-B-Y, hobby.
The participant must repeat the word before spelling it out letter by letter.
3. 如若在拼读时不断重复字母，评审可能会判定该单词拼读错误。例如拼读：Student, S-T-emmm, -T-T-U-D-E-N-T。
It will be deemed incorrect if the participant repeats the letters when spelling a word. For example: spelling the word "student" as S-T-emmm, -T-T-U-D-E-N-T.
4. 选手在拼读单词时声音要洪亮，以便评审能够准确无误地听清楚所拼单词，如评审团未听清，则可能会被要求再次拼读。
Participants should speak loudly and clearly when spelling words. If the judges do not hear the spelling clearly, the participant will be asked to spell the word again.

注意：双人节目选派一名代表完成本环节考核；可与互动问答环节不同选手

以下附答题示例及词汇考核范围，图片仅供拓展训练参考，非试题，但所有考核单词均会出自题库，请认真复习，充分备赛。

Example:

题例 1:

Picture Description

There are eight crayons on a pink plate.

They are in different colors. The colors of them are yellow,black,blue,brown,orange,red,green and pink. I like drawing with my crayons in my spare time, it's very interesting.



Word spelling

Q: How do you spell "crayon"? It starts with the letter "C" .

A: crayon. C-R-A-Y-O-N , crayon.

Q: How do you spell "yellow"? It starts with the letter "Y" .

A: yellow. Y-E-L-L-O-W , yellow.

题例 2:

Picture Description

There are many Chinese dumplings in the picture.

It is called Jiaozi in China. It is a traditional food on Chinese New Year's day. It tastes good. I like making Chinese dumplings with my parents or friends.



Word spelling

Q: How do you spell "food"? It starts with the letter "F" .

A: food. F-O-O-D ,food.

Q: How do you spell "dumpling"? It starts with the letter "D" .

A: dumpling. D-U-M-P-L-I-N-G, dumpling.

题例 3:

Picture Description

There is a green chair beside the bus stop in the picture. There are no people waiting for the bus now. We must wait in line when waiting for a bus, because it is good manners.



Word spelling

Q: How do you spell “wait”? It starts with the letter “W” .

A: wait. W-A-I-T , wait.

Q: How do you spell “bus stop”? It starts with the letter “B” .

A: bus stop. B-U-S S-T-O-P, bus stop.

题例 4:

Picture Description

In the picture, the boy’s mother is cooking. There are many tasty foods in the basket, such as carrots and cucumbers. The boy is hungry, but dinner is not ready now.



Word spelling

Q: How do you spell “carrot”? It starts with the letter “C” .

A: carrot. C-A-R-R-O-T ,carrot.

Q: How do you spell “dinner”? It starts with the letter “D” .

A: dinner. D-I-N- N-E-R, dinner.

题例 5:

Picture Description

In the picture, Mickey Mouse is playing the piano. She has a tall hat and she is lovely. She is playing a very beautiful song and she is very happy. I like playing the piano too, and I spend much time practicing it.



Word spelling

Q: How do you spell “mouse”? It starts with the letter “M” .

A: mouse. M-O-U-S-E, mouse.

Q: How do you spell “practice”? It starts with the letter “P” .

A: practice. P-R-A-C-T-I-C-E, practice.

题例 6:

Picture Description

In the picture, the boy is doing homework now. There is a fishbowl beside him and two fish are swimming in it. The boy is thinking hard because he is facing a very hard problem.



Word spelling

Q: How do you spell “study”? It starts with the letter “S”.

A: study. S-T-U-D-Y, study.

Q: How do you spell “homework”? It starts with the letter “H” .

A: homework. H-O-M-E-W-O-R-K, homework.



题例 7:

Picture Description

It is a good day and three children are flying kites

in a park. The kites are in different shapes.

One is a butterfly, another is a fish and the other is a swallow.

Word spelling

Q: How do you spell “kite”? It starts with the letter “K”.

A: kite. K-I-T-E, kite.

Q: How do you spell “butterfly”? It starts with the letter “B” .

A: butterfly. B-U-T-T-E-R-F-L-Y, butterfly.



题例 8:

Picture Description

In the picture, there are many kinds of fruits in

the supermarket, such as tomatoes, apples, pears,

bananas and peaches. A boy is pushing a trolley in the supermarket. I

suppose he is shopping with his parents.

Word spelling

Q: How do you spell “fruit”? It starts with the letter “F”.

A: fruit. F-R-U-I-T, fruit.

Q: How do you spell “supermarket”? It starts with the letter “S” .

A: supermarket. S-U-P-E-R-M-A-R-K-E-T, supermarket.

题例 9:

Picture Description



In the picture, a boy is watching TV with his father and mother on the couch. There is a plant and a football beside the couch. The boy is cheering, so I guess they are watching a football game.

Word spelling

Q: How do you spell “football”? It starts with the letter “F”.

A: football. F-O-O-T-B-A-L-L, football.

Q: How do you spell “parents”? It starts with the letter “p”.

A: parents. P-A-R-E-N-T-S, parents.

题例 10:

Picture Description



In the picture, there are two boys and a girl. They are cleaning the classroom, the boys are sweeping the floor and the girl is cleaning the window. A clean classroom can give us a good place to study so we should often clear up the classroom.

Word spelling

Q: How do you spell “sweep”? It starts with the letter “S”.

A: sweep. S-W-E-E-P, sweep.

Q: How do you spell “classroom”? It starts with the letter “C”.

A: classroom. C-L-A-S-S-R-O-O-M, classroom.

小学 B 组 单词拼读词汇考核范围

desk 课桌	chair 椅子	bed 床	window 窗户	picture 图画
door 门	light 灯	board 板	floor 地板	wall 墙
pen 钢笔	book 书	ruler 尺子	pencil-case 铅笔盒	pencil 铅笔
brush 画笔	schoolbag 书包	storybook 故事书	map 地图	phone 电话
shelf 书架	fridge 冰箱	plate 盘子	spoon 勺子	fork 叉
chopsticks 筷子	bowl 碗	knife 小刀	teapot 茶壶	key 钥匙
toy 玩具	cup 杯子	doll 玩具娃娃	glass 玻璃杯	trash bin 垃圾箱
present 礼物	camera 照相机	curtain 窗帘	mirror 镜子	blanket 毛毯
zipper 拉链	sofa 沙发	lamp 台灯	compute 电脑	cupboard 橱柜
fan 风扇	umbrella 雨伞	kite 风筝	candle 蜡烛	balloon 气球
piano 钢琴	violin 小提琴	football 足球	chess 象棋	basketball 篮球
baseball 棒球	tennis 网球	guitar 吉他	badminton 羽毛球	golf 高尔夫

rice 米饭	beef 牛肉	bread 面包	milk 牛奶	coffee 咖啡
butter 黄油	candy 糖果	juice 果汁	dumpling 饺子	noodle 面条
bread 面包	sandwich 三明治	chips 炸薯条	hamburger 汉堡包	chocolate 巧克力
salad 色拉	bun 小圆面包	pizza 披萨	hot dog 热狗	honey 蜂蜜
meat 肉	ice cream 冰淇淋	chicken 鸡肉	fish 鱼	soup 汤
egg 蛋	water 水	cookie 曲奇	spaghetti 意大利面	yogurt 酸奶
carrot 胡萝卜	potato 土豆	tomato 西红柿	cucumber 黄瓜	onion 洋葱
eggplant 茄子	pumpkin 南瓜	cabbage 卷心菜	pea 豌豆	vegetable 蔬菜
driver 司机	doctor 医生	farmer 农民	nurse 护士	worker 工人
teacher 教师	student 学生	painter 画家	policeman 《男》警察	writer 作家
singer 歌唱家	engineer 工程师	cleaner 清洁工	player 运动员	dancer 舞蹈家
Chinese 语文	English 英语	Maths 数学	Music 音乐	subject 学科

January 一月	February 二月	March 三月	April 四月	May 五月
June 六月	July 七月	August 八月	September 九月	October 十月
November 十一月	December 十二月	year 年	month 月	day 日
Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
Saturday 星期六	Sunday 星期天	yesterday 昨天	tomorrow 明天	weekend 周末
autumn 秋天	summer 夏天	winter 冬天	spring 春天	season 季节
plant 植物	building 建筑物	city 城市	countryside 农村	village 村庄
bamboo 竹子	flower 花	grass 草	tree 树	forest 森林
path 路	bridge 桥	cloud 云	mountain 大山	beach 海滨
moon 月亮	rainbow 彩虹	sun 太阳	sea 大海	star 星星
sky 天空	island 岛	river 河流	lake 湖泊	wind 风

clothes 衣服	shirt 衬衫	dress 连衣裙	boots 靴子	vest 背心
shoe 鞋子	jeans 牛仔裤	shorts 短裤	sock 短袜	sweater 毛线衣
trousers 裤子	jacket 夹克衫	swimsuit 泳衣	skirt 裙子	scarf 围巾
tie 领带	gloves 手套	sunglasses 太阳镜	watch 手表	cap 帽子
gray/grey 灰色	yellow 黄色	pink 粉色	orange 橙色	purple 紫色
gold 金色	brown 棕色	black 黑色	green 绿色	white 白色
red 红色	blue 蓝色	colour/color 颜色		
one 一	two 二	three 三	four 四	five 五
six 六	seven 七	eight 八	nine 九	ten 十
eleven 十一	twelve 十二	thirteen 十三	fourteen 十四	fifteen 十五
sixteen 十六	seventeen 十七	eighteen 十八	nineteen 十九	twenty 二十

dragon 龙	frog 青蛙	tiger 老虎	panda 熊猫	elephant 大象
kangaroo 袋鼠	octopus 章鱼	donkey 驴	lobster 龙虾	shark 鲨鱼
cow 奶牛	sheep 绵羊	goat 山羊	goose 鹅	Mickey Mouse 米老鼠
squirrel 松鼠	rabbit 兔子	horse 马	snake 蛇	giraffe 长颈鹿
fox 狐狸	deer 鹿	hen 母鸡	wolf 狼	zebra 斑马
ant 蚂蚁	lion 狮子	parrot 鹦鹉	rooster 公鸡	hippo 河马
eagle 鹰	chick 小鸡	cat 猫	pig 猪	dog 狗
whale 鲸鱼	小羊 lamb	duck 鸭子	dinosaur 恐龙	animal 动物
apple 苹果	banana 香蕉	grape 葡萄	watermelon 西瓜	kiwi fruit 猕猴桃
orange 橙子	pear 梨子	mango 芒果	strawberry 草莓	pineapple 菠萝
lemon 柠檬	peach 桃子	cherry 樱桃	fruit 水果	

head 头	ear 耳朵	nose 鼻子	hand 手	foot 脚
finger 手指	arm 手臂	eye 眼睛	face 脸	shoulder 肩膀
hair 头发	mouth 嘴巴	neck 脖子	knee 膝盖	leg 腿
elbow 肘	back 背部	tooth 牙齿	heart 心脏	body 身体
bookstore 书店	supermarket 超市	cinema 电影院	airport 飞机场	gym 体育馆
classroom 教室	school 学校	garden 花园	hotel 旅馆	library 图书馆
hospital 医院	playground 运动场	farm 农场	canteen 食堂	factory 工厂
park 公园	home 家	homework 家庭作业	housework 家务劳动	snowman 雪人
kitchen 厨房	bathroom 浴室	study 书房	bedroom 卧室	living room 客厅

car 小汽车	bus 公共汽车	boat 小船	subway 地铁	scooter 踏板车
bike 自行车	ship 轮船	taxi 出租车	jeep 吉普车	motorbike 摩托车
train 火车	plane 飞机	truck 卡车	yacht 游艇	traffic 交通
boy 男孩	son 儿子	father 父亲	daughter 女儿	classmate 同学
girl 女孩	man 男人	mother 母亲	grandpa (外) 祖父	children 儿童
baby 婴儿	wife 妻子	brother 兄/弟	grandma (外) 祖母	friend 朋友
uncle 叔/舅	sister 姐/妹	aunt 姨/姑/婶	cousin 表/堂兄弟	woman 女人

评分细则

环节设置	考评范围	分值	总分 100
1. 自备节目	内容及创意 Content&Innovation	10 分	40 分
	语音及语调 Pronunciation&Intonation	10 分	
	表达与自信 Expression&Confidence	10 分	
	流利度 Fluency	5 分	
	整体共鸣性 Resonance	5 分	
2. 互动问答	回答精确、流畅 Precision&Appropriateness	每个问题 10 分，共 2 问	20 分
	词汇丰富、句子完整 completely Answers must be given in complete sentences		
3. 图片描述	情节连贯、符合逻辑、完整生动 logicality、completely	每人一张 图片	20 分
	用词恰当、无重大语法错误 Word Choice&Phraseology, Grammatical Accuracy		
4. 单词拼读	回答流畅、拼读正确 Fluency & Definite answers	每人 2 个单 词，每个单 词 10 分	20 分
	音素准确，洪亮 Phoneme Accuracy, Volume &Clarity		

The maximum score is 100, the average is taken from judges.

自备节目——40 分

按内容及创意、语音及语调、表达与自信、流利度、整体共鸣性等部分进行评分。

①内容及创意：10 分。

内容逻辑严谨，有条理，有创意，充实生动、积极向上，选材新颖，主题鲜明突出，寓意深刻，富有感召力。建议适当使用服装/道具/PPT 等辅助形式，使人耳目一新。

②语音及语调：10 分。

语言规范，口齿清楚，发音清晰标准，语调自然，抑扬顿挫，富于变化，口语自然流畅。

③表达与自信：10 分。

表达需有清晰结构与自然过渡，避免内容跳跃、衔接生硬。表现形式生动，体态语言和表演技巧运用贴切，善于运用面部表情，手势姿势，眼神接触与身体语言得当，自信大方，情绪饱满。

④流利度：5 分。

脱稿表演，说话清楚，语速不快不慢，表达流利完整、无间断，不卡壳、不停顿。

⑤整体共鸣性：5 分。

声情并茂，富有激情，能吸引观众，有较强的艺术感染力和舞台表现力，引发深度情感共鸣，观众反映良好。

整体仪容仪表得体，举止大方，整体印象佳。

互动问答——20 分

每问满分 10 分，均从以下方面考核，分为 A-B-C 三档：

①语言：回答精确，语言流畅，语速恰当、发音标准，清晰洪亮。

②内容：对考官问题理解透彻，能够熟练、流利地回答问题，且词汇丰富，注意保持回答句子的完整性，用词恰当，无重大语法错误，完成答题指令后，有能力选手可对回答内容进行充分解释。

③时间把控：规定时间内完成，既不冷场，也不超时，对不同语境有较强反应能力，有较强的英语交流能力和一定的语言功底。

A 档 10—8 分：

语法正确，词汇丰富，语音语调标准，熟练、流利地表达，对不同

语境有较强反应能力，有较强的英语交流能力和一定的语言功底。

B 档 8—5 分：

偶遇个别发音错误或用词不当，语法与词汇基本正确，语音语调尚可，对不同语境有一定的适应能力，有一定的英语交流能力。

C 档 5 分以下：

语法与词汇有较多错误，停顿较多，交际有困难，整体语言表达一般，应变能力较差，不能适应语境的变化，或不能理解题目要求，没有完成答题指令，仅说出个别简单词汇，无完整句子出现。语法与词汇有较多错误，停顿较多，表达不够流畅，交际有困难，整体语言表达能力一般。

描述图片——20 分

能够对所抽图片进行详细完整地描述，要求语句连贯，符合逻辑，情节丰富，内容饱满。至少 4 句话，且不少于 30 词，且内容结构完整，表达流利，发音清晰，并注意用词用语的恰当性、无重大语法错误。

A 档 20—15 分：

词数达标，描述内容合理连贯，符合逻辑，且完整生动，情节丰富，内容饱满，表达清晰流畅，语音语调标准熟练，基本无语法错误，具备一定的语言组织能力和现场表达能力，课外积累和英语功底深厚。

B 档 14—10 分：

词数基本达标，描述内容基本合理连贯，表达基本清晰流畅，个别语音语调不标准或语法错误现象，语言组织能力和现场表达能力稍欠缺。

C 档 9 分—0 分：

描述内容简单、表达不够流畅，语法与词汇有较多错误，停顿较多，甚至卡壳现象，整体语言表达能力一般。

单词拼读——20 分

①要求单词拼读正确，流畅，无明显中断，并保持发音、音素准确，且在规定时间内完成。

②拼读时声音要洪亮，以便评审能够准确无误地听清。

③在逐个字母拼出单词前，需先重复该单词再拼读。

④杜绝拼读单词时不断重复字母现象，可能会判定该单词拼读错误。

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